PUGET SOUND DIAL

Your week on the radio
November 9–15, 2026
sea-radio.bintini.com

MON	TUE	WED	THU	FRI	SAT	SUN
Nov 9	Nov 10	Nov 11	Nov 12	Nov 13	Nov 14	Nov 15

PUBLIC & COMMUNITY

88.5 FM	KNKX	Jazz, blues & NPR news
89.5 FM	KNHC	Dance / electronic (C89.5)
90.1 FM	KUPS	Student freeform / indie
90.3 FM	KEXP	Independent music
90.7 FM	KSER	Eclectic music & public affairs
90.9 FM	KVTI	NPR news (NWPB News)
91.3 FM	KBCS	Folk, roots, world & progressive ne…
94.9 FM	KUOW	NPR news & talk
96.9 FM	KODX	Progressive news & talk (LPFM)
98.1 FM	KING	Classical
101.1 FM	KMGP	Eclectic community music (LPFM)
102.1 FM	KXSU	Student college radio (LPFM)
104.9 FM	KHUH	Freeform / experimental (LPFM)
105.7 FM	KVRU	Community LPFM (music & local t…
107.3 FM	KBFG	Local music & community talk (LP…

NEWS & TALK

97.3 FM	KIRO-FM	News/talk
97.7 FM	KNWN	News (also on AM 1000)
570 AM	KVI	Conservative talk
770 AM	KTTH	Conservative talk
1090 AM	KPTR	Conservative talk
1300 AM	KKOL	Conservative talk (Salem)

SPORTS

93.3 FM	KJR-FM	Sports (FOX Sports Radio affiliate)
710 AM	KIRO	Sports (ESPN Radio affiliate)
950 AM	KJR	Sports (national network)

MUSIC

92.5 FM	KQMV	Top 40 / CHR
94.1 FM	KSWD	Hot AC / variety hits
95.7 FM	KJEB	Classic hits ('80s/'90s)
96.5 FM	KJAQ	Adult hits (Jack FM)
98.9 FM	KPNW	Country
99.3 FM	KDDS	Regional Mexican (Spanish) *
99.9 FM	KISW	Active rock
100.7 FM	KKWF	Country
101.5 FM	KPLZ	Classic country *
102.5 FM	KZOK	Classic rock
102.9 / 103.3 FM	KZTM / KZNW	Spanish hits / Regional Mexican (…
103.7 FM	KHTP	Throwback hip-hop / R&B
106.1 FM	KBKS	Top 40 / CHR
106.9 FM	KRWM	Adult contemporary
107.7 FM	KNDD	Alternative rock
880 AM	KIXI	Adult standards / oldies ("Retro R…

Each day is a two-page spread: morning and midday (5 AM to 2 PM), then afternoon and evening (2 PM to midnight), with every station on both. Live games (Seahawks and Mariners on KIRO 97.3 and Seattle Sports 710; Huskies and Kraken on KJR 93.3) replace regular shows when they air. * Schedule partly estimated from thin station listings. Schedules updated Nov 9, 2026 from each station's published schedule; stations change shows for holidays, pledge drives and sports.

MONDAY NOV 9

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	◂Morning Edition				Midday Jazz				
KNHC 89.5	The Morning Blend	Mornings with Drew Bailey				Middays			
KUPS 90.1	◂KUPS automation (music mix)		DJ Lizzard	Go Fish!	KUPS automation (music mix)				Kick it!
KEXP 90.3	Early		The Morning Show			The Midday Show			The Afternoon Show
KSER 90.7	Democracy Now	Thom Hartmann	Democracy Now	Thom Hartmann	10,000 Good Songs		Sunlit Room		
KVTI 90.9	Morning Edition				Fresh Air	On Point	Here and Now		BBC News Hour
KBCS 91.3	The Pulse	Reveal Weekly	Alternative Radio	Democracy Now!	Thom Hartmann Program			Philosophy Talk	Roots, Rock & Soul
KUOW 94.9	◂Morning Edition				Here & Now		On Point	Soundside	BBC Newshour
KODX 96.9	WINGS	On Contact	Radio Ecoshock	UpFront	Thom Hartmann Program (Live)			Democracy Now!	Letters & Politics
KING 98.1	The Morning Show with Seth Tompkins				Late Mornings with Dave Beck		Middays with Nikhil Sarma		
KMGP 101.1	◂SPACE Mix (automated music)								
KXSU 102.1	◂General programming (automated music)							Training Hour	General prog.
KHUH 104.9	◂Hollow Earth Radio music mix					All Tomorrow's Parties		Slumgullion!	Hollow Earth mix
KVRU· 105.7	◂KVRU music mix								
KBFG 107.3	◂Local Music: Nights	Local Music: Mornings		Retro Cocktail Hour		Morning News & Public Affairs	Locus Focus	Daybreak Star Radio	Local Music: Afternoons
NEWS & TALK									
KIRO 97.3	Seattle's Morning News				The Gee Scott & Ursula Reutin Show			The Jake Skorheim & Spike O'Neill Show	
KNWN 97.7	The Northwest Morning News					Bloomberg's Balance of Power	Businessweek Daily	The Ramsey Show	
KVI 570 AM	Dan Bongino AM Report	The Ari Hoffman Show			The Markley, van Camp & Robbins Show			The Dan Bongino Show	
KTTH 770 AM	Fox News Rundown	Armstrong & Getty			The Dana Show			The Guy Benson Show	
KPTR 1090 AM	◂Michael DelGiorno	The Glenn Beck Program			The Clay Travis and Buck Sexton Show			The Sean Hannity Show	
KKOL 1300 AM	◂O'Connor & Company	The Mike Gallagher Show			The Alex Marlow Show	O'Connor & Company		The Hugh Hewitt Show	
SPORTS									
KJR 93.3	◂2 Pros & a Cup of Joe	Chuck in the Morning				The Gregg Bell Show		The Ian Furness Show	
KIRO 710 AM	◂SportsCenter	Brock & Salk				The Bump & Stacy Show			
KJR 950 AM	◂The Drake Toll Show	The Dan Patrick Show			The Herd with Colin Cowherd			Stugotz and Company	
MUSIC									
KQMV 92.5	◂MOViN 92.5 music	Brooke & Jeffrey				Deanna			
KSWD 94.1	◂Emma 94.1 music					Ellen Tailor			
KJEB 95.7	◂Kristina	95.7 The Jet Mornings with Jodi & Bender				The Martha Quinn Show			
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	Tanner & Friends					Chelsea			
KDDS· 99.3	◂La Gran D music	La Gran D morning show				La Gran D middays			
KISW 99.9	◂KISW Overnights	The Daly Migs Show				Ryan Castle			
KKWF 100.7	100.7 The Wolf music	Ellen & Aaron				Katie & Company			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Tanner, Laura & Casey				Cort Webber			
KZTM· 102.9	◂La Zeta music	La Zeta morning show				La Zeta middays			
KHTP 103.7	◂100% Throwbacks	Tiffany Warner				Suga Rae			
KBKS 106.1	◂Kayla	The Jubal Show					Frankie V		
KRWM 106.9	Barry McKay				Shellie Hart				
KNDD 107.7	◂107.7 The End music	Gregr				Christy Taylor			
KIXI 880 AM	Benny Mathers				KIXI music	The John Tesh Show			

MONDAY NOV 9

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	◂Midday Jazz	All Things Considered			Fresh Air	Evening Jazz		The Lounge		
KNHC 89.5	◂Middays			Drive @ 5	Evenings with Harmony		Remixes, Mashups, and Bootlegs		Test Spin	Unleash The Beat
KUPS 90.1	Soap De Tomate	Monday Mood	KUPS automation (music mix)		Tinatastic Year in Review	Redshift Radio	BIRD IS THE WORD	Technoal	Alalalaland	Brainfreeze
KEXP 90.3	◂The Afternoon Show		Drive Time			El Sonido			Variety Mix	
KSER 90.7	Extended Play			Thom Hartmann	World Cafe		Blue Moon Lounge		Roat's Nest	
KVTI 90.9	The World	TodayExp… Marketpla…	All Things Considered		Daily Marketpla…	Fresh Air	As It Happens	Sports in America	BBC World Service	
KBCS 91.3	◂Roots, Rock, and Soul with Iaan Hughes			Roots, Rock, + Soul Evening Mix with Greg D'Elia		Soul Folks		The Vault		Giant Steps
KUOW 94.9	Daily Marketpla…	All Things Considered			Today, Ex… Marketpla…	Fresh Air	Soundside	As It Happens	The Moth Radio Hour	BBC World Service
KODX 96.9	Against the Grain	Law and Disorder	Project Censored	The Bradcast	Eat the Airwaves!	Flashpoints	KPFA Evening News	Best of Hartmann	Attitude with Amie Ameson	Loud & Clear
KING 98.1	Late Afternoons with Mike Brooks				Evenings with Lisa Bergman		Evenings with Sean MacLean			
KMGP 101.1	◂SPACE Mix (automated music)					Roots Roundup		The Walk Up	Post Holes	Janitors Of Lunacy
KXSU 102.1	Emily's Emo Hour	General programming (automated music)			Punk Rock Pariah			General programming (automated music)		
KHUH 104.9	◂Hollow Earth Radio music mix				Out of the Fray	M-Squared Radio	Hollow Earth mix	DJ Slow's Music Meltdown	Hollow Earth mix	Subsurface Soundings Hour
KVRU· 105.7	◂KVRU music mix		Soca Love	Through the Wire	KVRU music mix					
KBFG 107.3	◂Local Music: Afternoons			Puget Soundz	Town Hall Talks	Office Hours	45 RPM – Musicofthe 40s…	Rockin' Pneumonia	Musicology Show	
NEWS & TALK										
KIRO 97.3	◂Jake & Spike	The John Curley Show				The Chad Benson Show			Coast to Coast AM	
KNWN 97.7	The Northwest Afternoon News					Bloomberg Radio News and Perspective				
KVI 570 AM	◂Dan Bongino	The Lars Larson Show			The Mark Levin Show			The Brian Kilmeade Show		
KTTH 770 AM	◂Guy Benson	The Jason Rantz Show				The Will Cain Show	The Scott Jennings Show		Fox Across America with Jimmy Failla	
KPTR 1090 AM	◂Sean Hannity	The Jesse Kelly Show			The Michael Berry Show		The Joe Pags Show			Jesse Kelly
KKOL 1300 AM	◂Hugh Hewitt	The Larry Elder Show			Sekulow	The Vince Show			That Kevin Show	
SPORTS										
KJR 93.3	◂Ian Furness	Softy Mahler & Dick Fain				The Jason Smith Show with Mike Harmon				The Ben Maller Show
KIRO 710 AM	Wyman & Bob					Seattle Sports Programming			SportsCenter (ESPN Radio)	
KJR 950 AM	Covino & Rich		The Odd Couple			BetMGM betting	Sports Night with Lynnell Willingham & Josh Graham			
MUSIC										
KQMV 92.5	Izzy					Ashley Z				
KSWD 94.1	Mason					Emma 94.1 music				
KJEB 95.7	◂Martha Quinn	Sarge				Bob Hauer				
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Chelsea	TJ				B-Dub				
KDDS· 99.3	◂La Gran D middays	Erazno y La Chokolata				La Gran D evenings				
KISW 99.9	The Mens Room				Jolene				KISW Overnights	
KKWF 100.7	◂Katie & Company	Afternoons With Coop				Rob & Holly				
KPLZ· 101.5	◂Hank FM music	Jeff Connell				Hank FM music				
KZOK 102.5	◂Cort Webber	Ashley Ryan				Chad Tyson				
KZTM· 102.9	◂La Zeta middays	Zetaboy				Chiquilín				
KHTP 103.7	Eric Powers					100% Throwbacks				
KBKS 106.1	Zann					Kelsey J				The New Hit List
KRWM 106.9	Jay Kruz					Kim Monroe				
KNDD 107.7	◂Christy Taylor	Ian Camfield				107.7 The End music				
KIXI 880 AM	◂John Tesh	MoneyMa…	KIXI music	Seth Thompson			When Radio Was	Stardust		

TUESDAY NOV 10

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	◂Morning Edition				Midday Jazz				
KNHC 89.5	The Morning Blend	Mornings with Drew Bailey				Middays			
KUPS 90.1	◂KUPS automation (music mix)		History Rabbit Hole	The Sound of Chihuly	Mother Pluckers	Gritney's Ultimatum	20,000 Leagues Under the So…	DJ AJ	backseat radio
KEXP 90.3	Early		The Morning Show			The Midday Show			The Afternoon Show
KSER 90.7	Democracy Now	Thom Hartmann	Democracy Now	Thom Hartmann	10,000 Good Songs		Sunlit Room		
KVTI 90.9	Morning Edition				Fresh Air	On Point	Here and Now		BBC News Hour
KBCS 91.3	CodePink	This Way Out / WINGS: Wo…	Hard Knock Radio	Democracy Now!	Thom Hartmann Program			Commonwealth Club of CA	Roots, Rock & Soul
KUOW 94.9	◂Morning Edition				Here & Now		On Point	Soundside	BBC Newshour
KODX 96.9	The Bradcast	Flashpoints	UpFront		Thom Hartmann Program (Live)			Democracy Now!	Letters & Politics
KING 98.1	The Morning Show with Seth Tompkins				Late Mornings with Dave Beck		Middays with Nikhil Sarma		
KMGP 101.1	◂SPACE Mix (automated music)								
KXSU 102.1	◂General programming (automated music)						LIV RADIO	Anniyah's Archive	General prog.
KHUH 104.9	◂Hollow Earth Radio music mix				A Psychodelic Soul	Hollow Earth Radio music mix			
KVRU· 105.7	◂KVRU music mix		Dirty Laundry	KVRU music mix					
KBFG 107.3	◂Local Music: Nights	Local Music: Mornings		Itinerant Music		Morning News & Public Affairs		Daybreak Star Radio	Local Music: Afternoons
NEWS & TALK									
KIRO 97.3	Seattle's Morning News				The Gee Scott & Ursula Reutin Show			The Jake Skorheim & Spike O'Neill Show	
KNWN 97.7	The Northwest Morning News					Bloomberg's Balance of Power	Businessweek Daily	The Ramsey Show	
KVI 570 AM	Dan Bongino AM Report	The Ari Hoffman Show			The Markley, van Camp & Robbins Show			The Dan Bongino Show	
KTTH 770 AM	Fox News Rundown	Armstrong & Getty			The Dana Show			The Guy Benson Show	
KPTR 1090 AM	◂Michael DelGiorno	The Glenn Beck Program			The Clay Travis and Buck Sexton Show			The Sean Hannity Show	
KKOL 1300 AM	◂O'Connor & Company	The Mike Gallagher Show			The Alex Marlow Show	O'Connor & Company		The Hugh Hewitt Show	
SPORTS									
KJR 93.3	◂2 Pros & a Cup of Joe	Chuck in the Morning				The Gregg Bell Show		The Ian Furness Show	
KIRO 710 AM	◂SportsCenter	Brock & Salk				The Bump & Stacy Show			
KJR 950 AM	◂The Drake Toll Show	The Dan Patrick Show			The Herd with Colin Cowherd			Stugotz and Company	
MUSIC									
KQMV 92.5	◂MOViN 92.5 music	Brooke & Jeffrey				Deanna			
KSWD 94.1	◂Emma 94.1 music					Ellen Tailor			
KJEB 95.7	◂Kristina	95.7 The Jet Mornings with Jodi & Bender				The Martha Quinn Show			
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	Tanner & Friends					Chelsea			
KDDS· 99.3	◂La Gran D music	La Gran D morning show				La Gran D middays			
KISW 99.9	◂KISW Overnights	The Daly Migs Show				Ryan Castle			
KKWF 100.7	100.7 The Wolf music	Ellen & Aaron				Katie & Company			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Tanner, Laura & Casey				Cort Webber			
KZTM· 102.9	◂La Zeta music	La Zeta morning show				La Zeta middays			
KHTP 103.7	◂100% Throwbacks	Tiffany Warner				Suga Rae			
KBKS 106.1	◂Kayla	The Jubal Show					Frankie V		
KRWM 106.9	Barry McKay				Shellie Hart				
KNDD 107.7	◂107.7 The End music	Gregr				Christy Taylor			
KIXI 880 AM	Benny Mathers				KIXI music	The John Tesh Show			

TUESDAY NOV 10

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	◂Midday Jazz	All Things Considered			Fresh Air	Evening Jazz		The Lounge		
KNHC 89.5	◂Middays			Drive @ 5	Evenings with Harmony		NuSkool + Ol' School			K-Plus
KUPS 90.1	Dinosaur Senior	Sabor del Sound	KUPS automation	Nether Region	soggy basement	petricore	Destroy Them With Lazers	2 boys, 1 KUPS	KUPS automation	Dallying
KEXP 90.3	◂The Afternoon Show		Drive Time			Wo' Pop			Variety Mix	
KSER 90.7	Extended Play			Thom Hartmann	World Cafe		Convergence Zone		Primarily Prog	
KVTI 90.9	The World	Today Exp… Marketpla…	All Things Considered		Daily Marketpla…	Fresh Air	As It Happens	New Yorker	BBC World Service	
KBCS 91.3	◂Roots, Rock, and Soul with Iaan Hughes			Roots, Rock, + Soul Evening Mix with Greg D'Elia		Caravan		Road Songs		KBCS Jukebox
KUOW 94.9	Daily Marketpla…	All Things Considered			Today, Ex… Marketpla…	Fresh Air	Soundside	As It Happens	Snap Judgment	BBC World Service
KODX 96.9	Against the Grain	Sojourner Truth	Rising Up with Sonali	The Bradcast	Local Programming	Flashpoints	KPFA Evening News	Best of Hartmann	Attitude with Amie Ameson	Loud & Clear
KING 98.1	Late Afternoons with Mike Brooks				Evenings with Lisa Bergman		Evenings with Sean MacLean			
KMGP 101.1	◂SPACE Mix (automated music)					NW Orbit	Bargain Bin Vinyl Hour	Magnuson Blues		Rotations
KXSU 102.1	◂General programming (automated music)						Beckers Beats	DJ Oliver T.		General prog.
KHUH 104.9	when dogs cry	Hollow Earth mix	cellardoor radio	Make It Pretty / Chloroformative (alternate weeks)			Hollow Earth Radio music mix		From the Center of the Earth	
KVRU· 105.7	◂KVRU music mix		The Forecast	Sonic Boom	KVRU music mix					
KBFG 107.3	◂Local Music: Afternoons			Round the World	You Heard It Here	Flower Power Variety Hour…	Different Channels	Nice Up / Back Pages	Night Moves	Local Music: Nights
NEWS & TALK										
KIRO 97.3	◂Jake & Spike	The John Curley Show				The Chad Benson Show			Coast to Coast AM	
KNWN 97.7	The Northwest Afternoon News					Bloomberg Radio News and Perspective				
KVI 570 AM	◂Dan Bongino	The Lars Larson Show			The Mark Levin Show			The Brian Kilmeade Show		
KTTH 770 AM	◂Guy Benson	The Jason Rantz Show				The Will Cain Show	The Scott Jennings Show		Fox Across America with Jimmy Failla	
KPTR 1090 AM	◂Sean Hannity	The Jesse Kelly Show			The Michael Berry Show		The Joe Pags Show			Jesse Kelly
KKOL 1300 AM	◂Hugh Hewitt	The Larry Elder Show			Sekulow	The Vince Show			That Kevin Show	
SPORTS										
KJR 93.3	◂Ian Furness	Softy Mahler & Dick Fain				The Jason Smith Show with Mike Harmon				The Ben Maller Show
KIRO 710 AM	Wyman & Bob					Seattle Sports Programming			SportsCenter (ESPN Radio)	
KJR 950 AM	Covino & Rich		The Odd Couple			BetMGM betting	Sports Night with Lynnell Willingham & Josh Graham			
MUSIC										
KQMV 92.5	Izzy					Ashley Z				
KSWD 94.1	Mason					Emma 94.1 music				
KJEB 95.7	◂Martha Quinn	Sarge				Bob Hauer				
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Chelsea	TJ				B-Dub				
KDDS· 99.3	◂La Gran D middays	Erazno y La Chokolata				La Gran D evenings				
KISW 99.9	The Mens Room				Jolene				KISW Overnights	
KKWF 100.7	◂Katie & Company	Afternoons With Coop				Rob & Holly				
KPLZ· 101.5	◂Hank FM music	Jeff Connell				Hank FM music				
KZOK 102.5	◂Cort Webber	Ashley Ryan				Chad Tyson				
KZTM· 102.9	◂La Zeta middays	Zetaboy				Chiquilín				
KHTP 103.7	Eric Powers					100% Throwbacks				
KBKS 106.1	Zann					Kelsey J				The New Hit List
KRWM 106.9	Jay Kruz					Kim Monroe				
KNDD 107.7	◂Christy Taylor	Ian Camfield				107.7 The End music				
KIXI 880 AM	◂John Tesh	TechTime Radio	Breaking Through with Kri…	Seth Thompson			When Radio Was	Stardust		

WEDNESDAY NOV 11

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	◂Morning Edition				Midday Jazz				
KNHC 89.5	The Morning Blend	Mornings with Drew Bailey				Middays			
KUPS 90.1	◂KUPS automation (music mix)			Onomatopia	KUPS automation (music mix)		Megan & Finn / Spin on it!	Trail Weekly News Hour	INDECISION ROCK
KEXP 90.3	Early		The Morning Show			The Midday Show			The Afternoon Show
KSER 90.7	Democracy Now	Thom Hartmann	Democracy Now	Thom Hartmann	10,000 Good Songs		Sunlit Room		
KVTI 90.9	Morning Edition				Fresh Air	On Point	Here and Now		BBC News Hour
KBCS 91.3	Living On Earth	EcoJustice Radio	Hard Knock Radio	Democracy Now!	Thom Hartmann Program			City Arts & Lectures	Roots, Rock & Soul
KUOW 94.9	◂Morning Edition				Here & Now		On Point	Soundside	BBC Newshour
KODX 96.9	The Bradcast	Flashpoints	UpFront		Thom Hartmann Program (Live)			Democracy Now!	Letters & Politics
KING 98.1	The Morning Show with Seth Tompkins				Late Mornings with Dave Beck		Middays with Nikhil Sarma		
KMGP 101.1	◂SPACE Mix (automated music)							Street-Smart Natural...	SPACE Mix
KXSU 102.1	◂General programming (automated music)							Training Hour	General prog.
KHUH 104.9	◂Hollow Earth Radio music mix					DJ Princess Misunderstood	Hollow Earth mix	Photo Enforced Futures	
KVRU· 105.7	◂KVRU music mix			Through the Wire	The Forecast	KVRU music mix			
KBFG 107.3	◂Local Music: Nights	Local Music: Mornings		Trade Winds	Secret Word	Morning News & Public Affairs		Daybreak Star Radio	Local Music: Afternoons
NEWS & TALK									
KIRO 97.3	Seattle's Morning News				The Gee Scott & Ursula Reutin Show			The Jake Skorheim & Spike O'Neill Show	
KNWN 97.7	The Northwest Morning News					Bloomberg's Balance of Power	Businessweek Daily	The Ramsey Show	
KVI 570 AM	Dan Bongino AM Report	The Ari Hoffman Show			The Markley, van Camp & Robbins Show			The Dan Bongino Show	
KTTH 770 AM	Fox News Rundown	Armstrong & Getty			The Dana Show			The Guy Benson Show	
KPTR 1090 AM	◂Michael DelGiorno	The Glenn Beck Program			The Clay Travis and Buck Sexton Show			The Sean Hannity Show	
KKOL 1300 AM	◂O'Connor & Company	The Mike Gallagher Show			The Alex Marlow Show	O'Connor & Company		The Hugh Hewitt Show	
SPORTS									
KJR 93.3	◂2 Pros & a Cup of Joe	Chuck in the Morning				The Gregg Bell Show		The Ian Furness Show	
KIRO 710 AM	◂SportsCenter	Brock & Salk				The Bump & Stacy Show			
KJR 950 AM	◂The Drake Toll Show	The Dan Patrick Show			The Herd with Colin Cowherd			Stugotz and Company	
MUSIC									
KQMV 92.5	◂MOViN 92.5 music	Brooke & Jeffrey				Deanna			
KSWD 94.1	◂Emma 94.1 music					Ellen Tailor			
KJEB 95.7	◂Kristina	95.7 The Jet Mornings with Jodi & Bender				The Martha Quinn Show			
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	Tanner & Friends					Chelsea			
KDDS· 99.3	◂La Gran D music	La Gran D morning show				La Gran D middays			
KISW 99.9	◂KISW Overnights	The Daly Migs Show				Ryan Castle			
KKWF 100.7	100.7 The Wolf music	Ellen & Aaron				Katie & Company			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Tanner, Laura & Casey				Cort Webber			
KZTM· 102.9	◂La Zeta music	La Zeta morning show				La Zeta middays			
KHTP 103.7	◂100% Throwbacks	Tiffany Warner				Suga Rae			
KBKS 106.1	◂Kayla	The Jubal Show					Frankie V		
KRWM 106.9	Barry McKay				Shellie Hart				
KNDD 107.7	◂107.7 The End music	Gregr				Christy Taylor			
KIXI 880 AM	Benny Mathers				Voices of Experience	The John Tesh Show			

WEDNESDAY NOV 11

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	◂Midday Jazz	All Things Considered			Fresh Air	Evening Jazz		The Lounge		
KNHC 89.5	◂Middays			Drive @ 5	Evenings with Harmony		Groove Gallery	Nocturnal Transmission		
KUPS 90.1	Topher's SuperLit Aweso…	Where is My Mind	Rock de Corazon	Simply Sublime	The Fastbreak	K8 the Gr8	Grant's House	Aboveground	Have we MET?	KUPS automation
KEXP 90.3	◂The Afternoon Show		Drive Time			Astral Plane			Variety Mix	
KSER 90.7	Extended Play			Thom Hartmann	World Cafe		Poptopia Parkway		From Here to Obscurity	
KVTI 90.9	The World	Today Exp… Marketpla…	All Things Considered		Daily Marketpla…	Fresh Air	As It Happens	Freakonomics	BBC World Service	
KBCS 91.3	◂Roots, Rock, and Soul with Iaan Hughes			Roots, Rock, + Soul Evening Mix with Greg D'Elia		Living The Blues		Protest Tunes		Night Train
KUOW 94.9	Daily Marketpla…	All Things Considered			Today, Ex… Marketpla…	Fresh Air	Soundside	As It Happens	The Pulse	BBC World Service
KODX 96.9	Against the Grain	Sojourner Truth	Talk prog.	The Bradcast	Local Programming	Flashpoints	KPFA Evening News	Best of Hartmann	Attitude with Amie Ameson	Loud & Clear
KING 98.1	Late Afternoons with Mike Brooks				Evenings with Lisa Bergman		Evenings with Sean MacLean			
KMGP 101.1	◂SPACE Mix (automated music)					World Beat Adventure		Transcend This Temporal P…	Electro Skate Rink	Electric Waves
KXSU 102.1	The Garden of Eden	General prog.	Showy McShowface	General programming (automated music)						
KHUH 104.9	◂Photo Enforced Futures	Dead Ratitude	whither wander you	Hollow Earth mix	Cycles Per Second	Aquanautic Frequencies		Hollow Earth mix	Dispatches from A Cold Place	
KVRU· 105.7	◂KVRU music mix		Dirty Laundry	In the Meanwhile	KVRU music mix					
KBFG 107.3	Mixed Media Madness	Local Music: Afternoons	Anything Goes with Sage Borlo		Town Hall Talks	Puget Soundz	Musicology Show		Local Music: Nights	
NEWS & TALK										
KIRO 97.3	◂Jake & Spike	The John Curley Show				The Chad Benson Show			Coast to Coast AM	
KNWN 97.7	The Northwest Afternoon News					Bloomberg Radio News and Perspective				
KVI 570 AM	◂Dan Bongino	The Lars Larson Show			The Mark Levin Show			The Brian Kilmeade Show		
KTTH 770 AM	◂Guy Benson	The Jason Rantz Show				The Will Cain Show	The Scott Jennings Show		Fox Across America with Jimmy Failla	
KPTR 1090 AM	◂Sean Hannity	The Jesse Kelly Show			The Michael Berry Show		The Joe Pags Show			Jesse Kelly
KKOL 1300 AM	◂Hugh Hewitt	The Larry Elder Show			Sekulow	The Vince Show			That Kevin Show	
SPORTS										
KJR 93.3	◂Ian Furness	Softy Mahler & Dick Fain				The Jason Smith Show with Mike Harmon				The Ben Maller Show
KIRO 710 AM	Wyman & Bob					Seattle Sports Programming			SportsCenter (ESPN Radio)	
KJR 950 AM	Covino & Rich		The Odd Couple			BetMGM betting	Sports Night with Lynnell Willingham & Josh Graham			
MUSIC										
KQMV 92.5	Izzy					Ashley Z				
KSWD 94.1	Mason					Emma 94.1 music				
KJEB 95.7	◂Martha Quinn	Sarge				Bob Hauer				
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Chelsea	TJ				B-Dub				
KDDS· 99.3	◂La Gran D middays	Erazno y La Chokolata				La Gran D evenings				
KISW 99.9	The Mens Room				Jolene				KISW Overnights	
KKWF 100.7	◂Katie & Company	Afternoons With Coop				Rob & Holly				
KPLZ· 101.5	◂Hank FM music	Jeff Connell				Hank FM music				
KZOK 102.5	◂Cort Webber	Ashley Ryan				Chad Tyson				
KZTM· 102.9	◂La Zeta middays	Zetaboy				Chiquilín				
KHTP 103.7	Eric Powers					100% Throwbacks				
KBKS 106.1	Zann					Kelsey J				The New Hit List
KRWM 106.9	Jay Kruz					Kim Monroe				
KNDD 107.7	◂Christy Taylor	Ian Camfield				107.7 The End music				
KIXI 880 AM	◂John Tesh	KIXI music		Seth Thompson			When Radio Was	Stardust		

THURSDAY NOV 12

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	◂Morning Edition				Midday Jazz				
KNHC 89.5	The Morning Blend	Mornings with Drew Bailey				Middays			
KUPS 90.1	◂KUPS automation (music mix)			Koffee KUPS	Tacoma T's Tremendous Trivia	KUPS automation (music mix)		Rhythm in the Redwoo…	Biding My Time
KEXP 90.3	Early		The Morning Show			The Midday Show			The Afternoon Show
KSER 90.7	Democracy Now	Thom Hartmann	Democracy Now	Thom Hartmann	10,000 Good Songs		Sunlit Room		
KVTI 90.9	Morning Edition				Fresh Air	On Point	Here and Now		BBC News Hour
KBCS 91.3	With Good Reason	MediaProject	Between th…	Hard Knock Radio	Democracy Now!	Thom Hartmann Program		Open to Debate	Roots, Rock & Soul
KUOW 94.9	◂Morning Edition				Here & Now		On Point	Soundside	BBC Newshour
KODX 96.9	The Bradcast	Flashpoints	UpFront		Thom Hartmann Program (Live)			Democracy Now!	Letters & Politics
KING 98.1	The Morning Show with Seth Tompkins				Late Mornings with Dave Beck		Middays with Nikhil Sarma		
KMGP 101.1	◂SPACE Mix (automated music)						The Wave Show	SPACE Mix	ArtSounds
KXSU 102.1	◂General programming (automated music)							Chloe's Collections	General prog.
KHUH 104.9	◂Hollow Earth Radio music mix				Moondog Memories		Hollow Earth Radio music mix		
KVRU· 105.7	◂KVRU music mix			Sonic Boom	KVRU music mix				
KBFG 107.3	◂Local Music: Nights	Local Music: Mornings				Morning News & Public Affairs	The Bradcast	Daybreak Star Radio	A Way with Words
NEWS & TALK									
KIRO 97.3	Seattle's Morning News				The Gee Scott & Ursula Reutin Show			The Jake Skorheim & Spike O'Neill Show	
KNWN 97.7	The Northwest Morning News					Bloomberg's Balance of Power	Businessweek Daily	The Ramsey Show	
KVI 570 AM	Dan Bongino AM Report	The Ari Hoffman Show			The Markley, van Camp & Robbins Show			The Dan Bongino Show	
KTTH 770 AM	Fox News Rundown	Armstrong & Getty			The Dana Show			The Guy Benson Show	
KPTR 1090 AM	◂Michael DelGiorno	The Glenn Beck Program			The Clay Travis and Buck Sexton Show			The Sean Hannity Show	
KKOL 1300 AM	◂O'Connor & Company	The Mike Gallagher Show			The Alex Marlow Show	O'Connor & Company		The Hugh Hewitt Show	
SPORTS									
KJR 93.3	◂2 Pros & a Cup of Joe	Chuck in the Morning				The Gregg Bell Show		The Ian Furness Show	
KIRO 710 AM	◂SportsCenter	Brock & Salk				The Bump & Stacy Show			
KJR 950 AM	◂The Drake Toll Show	The Dan Patrick Show			The Herd with Colin Cowherd			Stugotz and Company	
MUSIC									
KQMV 92.5	◂MOViN 92.5 music	Brooke & Jeffrey				Deanna			
KSWD 94.1	◂Emma 94.1 music					Ellen Tailor			
KJEB 95.7	◂Kristina	95.7 The Jet Mornings with Jodi & Bender				The Martha Quinn Show			
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	Tanner & Friends					Chelsea			
KDDS· 99.3	◂La Gran D music	La Gran D morning show				La Gran D middays			
KISW 99.9	◂KISW Overnights	The Daly Migs Show				Ryan Castle			
KKWF 100.7	100.7 The Wolf music	Ellen & Aaron				Katie & Company			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Tanner, Laura & Casey				Cort Webber			
KZTM· 102.9	◂La Zeta music	La Zeta morning show				La Zeta middays			
KHTP 103.7	◂100% Throwbacks	Tiffany Warner				Suga Rae			
KBKS 106.1	◂Kayla	The Jubal Show					Frankie V		
KRWM 106.9	Barry McKay				Shellie Hart				
KNDD 107.7	◂107.7 The End music	Gregr				Christy Taylor			
KIXI 880 AM	Benny Mathers				KIXI music	The John Tesh Show			

THURSDAY NOV 12

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	◂Midday Jazz	All Things Considered			Fresh Air	Evening Jazz		The Lounge		
KNHC 89.5	◂Middays			Drive @ 5	Evenings with Harmony		Planet Dance			The Bassment
KUPS 90.1	Everything 90's is Back	Beyond the Sound	KUPS automation	Bratwurst Beats	KUPS automation	Pheeb the Dweeb vs. Maev...	Aside/Bside: Midwest Mot...	The Oracle	For the Gaze	KUPS automation
KEXP 90.3	◂The Afternoon Show		Drive Time			Eastern Echoes			Variety Mix	
KSER 90.7	Extended Play			Thom Hartmann	World Cafe		Clancy's Bar & Grill		A Good Time	
KVTI 90.9	The World	TodayExp... Marketpla...	All Things Considered		Daily Marketpla...	Fresh Air	As It Happens	Planet Money/How I Built ...	BBC World Service	
KBCS 91.3	◂Roots, Rock, and Soul with Iaan Hughes			Roots, Rock, + Soul Evening Mix with Greg D'Elia		CrossCurrents		The Reggae Party		The DUBside
KUOW 94.9	Daily Marketpla...	All Things Considered			Today, Ex... Marketpla...	Fresh Air	Soundside	As It Happens	KUOW Spotlight	BBC World Service
KODX 96.9	Against the Grain	Sojourner Truth	Talk prog.	The Bradcast	Local Programming	Flashpoints	KPFA Evening News	Best of Hartmann	Attitude with Amie Ameson	Loud & Clear
KING 98.1	Late Afternoons with Mike Brooks				Evenings with Lisa Bergman		Evenings with Sean MacLean			
KMGP 101.1	Exploring Magnuson Park	SPACE Mix (automated music)				Soundtrack Cinema	Moon Goose Soup	Best Of With Patrick	Long Story Short	Vanishing Point
KXSU 102.1	◂General programming (automated music)				DJ Kevin K.	General programming (automated music)				
KHUH 104.9	◂Hollow Earth Radio music mix		Canadian Content Hour	Dr. Fronko's Tapestry of Sound		Yonic Boom!		Radio Eclectus		
KVRU· 105.7	◂KVRU music mix		Urbanist Podcast	KVRU music mix						
KBFG 107.3	Locus Focus	Local Music: Afternoons		Backyard Deep Dive	Alternative Radio	Itinerant Music		Night Moves	JJ's Radio Show	
NEWS & TALK										
KIRO 97.3	◂Jake & Spike	The John Curley Show				The Chad Benson Show			Coast to Coast AM	
KNWN 97.7	The Northwest Afternoon News					Bloomberg Radio News and Perspective				
KVI 570 AM	◂Dan Bongino	The Lars Larson Show			The Mark Levin Show			The Brian Kilmeade Show		
KTTH 770 AM	◂Guy Benson	The Jason Rantz Show				The Will Cain Show	The Scott Jennings Show		Fox Across America with Jimmy Failla	
KPTR 1090 AM	◂Sean Hannity	The Jesse Kelly Show			The Michael Berry Show		The Joe Pags Show			Jesse Kelly
KKOL 1300 AM	◂Hugh Hewitt	The Larry Elder Show			Sekulow	The Vince Show			That Kevin Show	
SPORTS										
KJR 93.3	◂Ian Furness	Softy Mahler & Dick Fain				The Jason Smith Show with Mike Harmon				The Ben Maller Show
KIRO 710 AM	Wyman & Bob					Seattle Sports Programming			SportsCenter (ESPN Radio)	
KJR 950 AM	Covino & Rich		The Odd Couple			BetMGM betting	Sports Night with Lynnell Willingham & Josh Graham			
MUSIC										
KQMV 92.5	Izzy					Ashley Z				
KSWD 94.1	Mason					Emma 94.1 music				
KJEB 95.7	◂Martha Quinn	Sarge				Bob Hauer				
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Chelsea	TJ				B-Dub				
KDDS· 99.3	◂La Gran D middays	Erazno y La Chokolata				La Gran D evenings				
KISW 99.9	The Mens Room				Jolene				KISW Overnights	
KKWF 100.7	◂Katie & Company	Afternoons With Coop				Rob & Holly				
KPLZ· 101.5	◂Hank FM music	Jeff Connell				Hank FM music				
KZOK 102.5	◂Cort Webber	Ashley Ryan				Chad Tyson				
KZTM· 102.9	◂La Zeta middays	Zetaboy				Chiquilín				
KHTP 103.7	Eric Powers					100% Throwbacks				
KBKS 106.1	Zann					Kelsey J				The New Hit List
KRWM 106.9	Jay Kruz					Kim Monroe				
KNDD 107.7	◂Christy Taylor	Ian Camfield				107.7 The End music				
KIXI 880 AM	◂John Tesh	Urban Forum Northwest	KIXI music	Original Loretta Bro...	Seth Thompson		When Radio Was	Stardust		

FRIDAY NOV 13

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	◂Morning Edition				Midday Jazz				
KNHC 89.5	The Morning Blend	Mornings with Drew Bailey				Middays			
KUPS 90.1	◂KUPS automation (music mix)		Good Morning Puget Sou…	KUPS automation	Q.E.D. III	Toma Té	Lots of Love Radio	KUPS automation (music mix)	
KEXP 90.3	Early		The Morning Show			The Midday Show			The Afternoon Show
KSER 90.7	Democracy Now	Thom Hartmann	Democracy Now	Thom Hartmann	10,000 Good Songs		Sunlit Room		
KVTI 90.9	Morning Edition				Fresh Air	On Point	Science Friday		BBC News Hour
KBCS 91.3	Aging Matters	Unreserved	YES! Presents: Rising Up with …	Democracy Now!	Thom Hartmann Program			Travel with Rick Stev…	Roots, Rock & Soul
KUOW 94.9	◂Morning Edition				Here & Now		On Point	Week in Review	BBC Newshour
KODX 96.9	The Bradcast	Flashpoints	UpFront		Thom Hartmann Program (Live)			Democracy Now!	Economic U… / KBOO Labor…
KING 98.1	The Morning Show with Seth Tompkins				Late Mornings with Dave Beck		Middays with Nikhil Sarma		
KMGP 101.1	◂SPACE Mix (automated music)					Park Life		SPACE Mix (automated music)	
KXSU 102.1	◂General programming (automated music)							Training Hour	General prog.
KHUH 104.9	◂Hollow Earth Radio music mix			The Golden Record		Patchwork Waves	Hollow Earth Radio music mix		
KVRU· 105.7	◂KVRU music mix		Soca Love	In the Meanwhile	KVRU music mix				
KBFG 107.3	◂Local Music: Nights	Local Music: Mornings		Wild Rumpus Radio	60s Garage Rock	Mixed Media Madness	Rhythm in Bloom	Daybreak Star Radio	Law and Disorder
NEWS & TALK									
KIRO 97.3	Seattle's Morning News				The Gee Scott & Ursula Reutin Show			The Jake Skorheim & Spike O'Neill Show	
KNWN 97.7	The Northwest Morning News					Bloomberg's Balance of Power	Businessweek Daily	The Ramsey Show	
KVI 570 AM	Dan Bongino AM Report	The Ari Hoffman Show			The Markley, van Camp & Robbins Show			The Dan Bongino Show	
KTTH 770 AM	Fox News Rundown	Armstrong & Getty			The Dana Show			The Guy Benson Show	
KPTR 1090 AM	◂Michael DelGiorno	The Glenn Beck Program			The Clay Travis and Buck Sexton Show			The Sean Hannity Show	
KKOL 1300 AM	◂O'Connor & Company	The Mike Gallagher Show			The Alex Marlow Show	O'Connor & Company		The Hugh Hewitt Show	
SPORTS									
KJR 93.3	◂2 Pros & a Cup of Joe	Chuck in the Morning				The Gregg Bell Show		The Ian Furness Show	
KIRO 710 AM	◂SportsCenter	Brock & Salk				The Bump & Stacy Show			
KJR 950 AM	◂The Drake Toll Show	The Dan Patrick Show			The Herd with Colin Cowherd			Stugotz and Company	
MUSIC									
KQMV 92.5	◂MOViN 92.5 music	Brooke & Jeffrey				Deanna			
KSWD 94.1	◂Emma 94.1 music					Ellen Tailor			
KJEB 95.7	◂Kristina	95.7 The Jet Mornings with Jodi & Bender				The Martha Quinn Show			
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	Tanner & Friends					Chelsea			
KDDS· 99.3	◂La Gran D music	La Gran D morning show				La Gran D middays			
KISW 99.9	◂KISW Overnights	The Daly Migs Show				Ryan Castle			
KKWF 100.7	100.7 The Wolf music	Ellen & Aaron				Katie & Company			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Tanner, Laura & Casey				Cort Webber			
KZTM· 102.9	◂La Zeta music	La Zeta morning show				La Zeta middays			
KHTP 103.7	◂100% Throwbacks	Tiffany Warner				Suga Rae			
KBKS 106.1	◂Kayla	The Jubal Show					Frankie V		
KRWM 106.9	Barry McKay				Shellie Hart				
KNDD 107.7	◂107.7 The End music	Gregr				Christy Taylor			
KIXI 880 AM	Benny Mathers				KIXI music	The John Tesh Show			

FRIDAY NOV 13

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	◂Midday Jazz	All Things Considered			Fresh Air	Jazz Night in America	Studio Sessions Spotlight	The New Cool		
KNHC 89.5	◂Middays			Drive @ 5	Weekend Windup		It's A Vibe	Powermix	Push The Tempo	
KUPS 90.1	Last Dance!	Feline Frequencies	Buggin' Out	Trail Mix	Sayulicious Definiti…	Hacking Happiness	Four On The Floor	Everyday Music	KUPS automation (music mix)	
KEXP 90.3	◂The Afternoon Show		Drive Time			The Continent			Street Sounds	
KSER 90.7	Extended Play			Thom Hartmann	World Cafe		Twenty Flight Rock		The Stereo Wire	
KVTI 90.9	The World	TodayExp… Marketpla…	All Things Considered		Daily Marketpla…	Fresh Air	Tiny Desk Radio	This American Life	Travel with Rick Steves	BBC World Service
KBCS 91.3	◂Roots, Rock, and Soul with Iaan Hughes			Roots, Rock, + Soul Evening Mix with Greg D'Elia		Freedom Sounds		Funkscribe Fridays		Indie Basement
KUOW 94.9	Daily Marketpla…	All Things Considered			Today, Ex… Marketpla…	Week in Review	Wild with Chris Morgan	As It Happens	This American Life	BBC World Service
KODX 96.9	Against the Grain	Sojourner Truth	Hacks & Wonks	The Bradcast	Local Programming	Flashpoints	KPFA Evening News	Best of Hartmann	Attitude with Amie Ameson	Loud & Clear
KING 98.1	Late Afternoons with Mike Brooks				Evenings with Lisa Bergman		Evenings with Sean MacLean			
KMGP 101.1	◂SPACE Mix (automated music)					Wedgwood Rocks		Pop Songs…	SPACE Mix	Am I Punk Yet?
KXSU 102.1	◂General programming (automated music)									
KHUH 104.9	◂Hollow Earth Radio music mix		The Ramune Radio Show		Big Adventure / Audacious Bombacious		Electrique Boutique (alternate weeks)		SonicMosquito / Ruido Sa…	Hollow Earth mix
KVRU· 105.7	◂KVRU music mix						Rollin' with the Blues	KVRU music mix		
KBFG 107.3	Black Lives Matter		Wine Pair	Space Travel Advisory	Ralph Nader	Local with Carly	Not Just Noise	Secret Word	Radio Localized	Local Music: Nights
NEWS & TALK										
KIRO 97.3	◂Jake & Spike	The John Curley Show				The Chad Benson Show			Coast to Coast AM	
KNWN 97.7	The Northwest Afternoon News					Bloomberg Radio News and Perspective				
KVI 570 AM	◂Dan Bongino	The Lars Larson Show			The Mark Levin Show			The Brian Kilmeade Show		
KTTH 770 AM	◂Guy Benson	The Jason Rantz Show				The Will Cain Show	The Scott Jennings Show		Fox Across America with Jimmy Failla	
KPTR 1090 AM	◂Sean Hannity	The Jesse Kelly Show			The Michael Berry Show		The Joe Pags Show			Jesse Kelly
KKOL 1300 AM	◂Hugh Hewitt	The Larry Elder Show			Sekulow	The Vince Show			That Kevin Show	
SPORTS										
KJR 93.3	◂Ian Furness	Softy Mahler & Dick Fain				The Jason Smith Show with Mike Harmon				The Ben Maller Show
KIRO 710 AM	Wyman & Bob					Seattle Sports Programming			SportsCenter (ESPN Radio)	
KJR 950 AM	Covino & Rich		The Odd Couple			BetMGM betting	Sports Night with Lynnell Willingham & Josh Graham			
MUSIC										
KQMV 92.5	Izzy					Ashley Z				
KSWD 94.1	Mason					Emma 94.1 music				
KJEB 95.7	◂Martha Quinn	Sarge				Bob Hauer				
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Chelsea	TJ				B-Dub				
KDDS· 99.3	◂La Gran D middays	Erazno y La Chokolata				La Gran D evenings				
KISW 99.9	The Mens Room				Jolene				KISW Overnights	
KKWF 100.7	◂Katie & Company	Afternoons With Coop				Rob & Holly				
KPLZ· 101.5	◂Hank FM music	Jeff Connell				Hank FM music				
KZOK 102.5	◂Cort Webber	Ashley Ryan				Chad Tyson				
KZTM· 102.9	◂La Zeta middays	Zetaboy				Chiquilín				
KHTP 103.7	Eric Powers					100% Throwbacks				
KBKS 106.1	Zann					Kelsey J				The New Hit List
KRWM 106.9	Jay Kruz					Kim Monroe				
KNDD 107.7	◂Christy Taylor	Ian Camfield				107.7 The End music				
KIXI 880 AM	◂John Tesh	MysticRad… DreamInte…	Radio Medium Laura Lee	Informed Life Radio	Seth Thompson		When Radio Was	Stardust		

SATURDAY NOV 14

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	Weekend Edition Saturday					Wait Wait... Don't Tell Me!	This American Life	Grooveyard	
KNHC 89.5	◂Overnights		Save The Wave			Midday Weekends			
KUPS 90.1	◂KUPS automation (music mix)				Guilty Pleasures	Spinning Round In Circles	Something's Fishy!	Dykes on Mic	Futile Devices: Music & Media
KEXP 90.3	◂Variety Mix	90.TEEN	Sounds of Survivance		Positive Vibrations			Variety Mix	
KSER 90.7	Law & Disorder	SeaChange ... CounterSpin	Left, Right and Center	Peace Talks... Community...	Big Bandstand		Frettin' Fingers		Saturday Soul
KVTI 90.9	City Arts and Lectures	Weekend Edition Saturday			Planet Money/How I Built This	Wait Wait... Don't Tell Me!	Sports in America	Snap Judgment	The Moth Radio Hour
KBCS 91.3	◂KBCS Jukebox (music mix)		Gospel Highway		Our Saturday Tradition			Hawai`i Radio Connection	
KUOW 94.9	Weekend Edition Saturday				Hidden Brain	Wait Wait... Don't Tell Me!	This American Life	Live Wire	New Yorker
KODX 96.9	The Bradcast	Flashpoints	Living in the USA	Alternative Radio	Counterspin Between th...	TUC Radio Making Con...	KPFA Evening News	Ralph Nader Radio Hour	Eat the Airwaves!
KING 98.1	Mornings with Peter Newman				Late Mornings with Dave Beck		Middays with Sean MacLean		
KMGP 101.1	◂SPACE Mix (automated music)								Big Takeover
KXSU 102.1	◂General programming (automated music)					KXSU Local Hour	General programming (automated music)		
KHUH 104.9	◂Hollow Earth Radio music mix			Apothecary PNW		Ear-Respective		Snack Time With Boop!	Dimensional Travels
KVRU· 105.7	◂KVRU music mix			The Children's Hour	KVRU music mix				
KBFG 107.3	◂Local Music: Nights		Wild Rumpus Radio	A Way with Words	Open Airwaves		Wine Pair	African Airwaves	JJ's Radio Show
NEWS & TALK									
KIRO 97.3	Jake & Spike	Hot Stove Society		The Money Professor	Growing Your Wealth	SoundPath	Elevate Retirement	SoundPath	Striking Gold
KNWN 97.7	◂Bloomberg Radio News	Northwest Newsradio	Start Here News Magazine	America's Weekend News	Aging Options	NW Rewind & Connect	Start Here News Magazine	Answers For Elders	Striking Gold
KVI 570 AM	Legacy & Fai... Northwest ...	Northwest Auto Show			Growing Your Wealth	Leading Edge Medicine		Striking Gold	Best of Leading Edge Medicine
KTTH 770 AM	Seattle Red overnight pro...	Best of Jason Rantz	Growing Your Wealth	Leading Edge Medicine		The Money Professor	SoundPath	Know Your Risk Radio	The Josh Hammer Show
KPTR 1090 AM	◂Our American Stories	At Home with Gary Sullivan			Talk programming	Business Cents Radio with Ed...	Our American Stories	The Sean Hannity Show	
KKOL 1300 AM	◂Best of Hugh Hewitt	Northwestern Outdoors Radio	RMWorldTravel		Your Personal Bank	This Week on Capitol Hill	Sound of th... Larry Elder	BBQ Nation with Jeff Tra...	Northwestern Outdoors Radio
SPORTS									
KJR 93.3	◂FOX Sports Radio Weekends		America Outdoors Radio -Pacifi...	FOX Sports Radio Weekends					
KIRO 710 AM	◂SportsCenter	The Outdoor Line		Seattle Sports Programming					
KJR 950 AM	◂Westwood One Sports Weekend Mornings			BetMGM sports betting programming					Westwood One PM
MUSIC									
KQMV 92.5	◂MOViN 92.5 music							Lizette Love	
KSWD 94.1	◂Emma 94.1 music							Mason	
KJEB 95.7	◂Kristina	JT				Sarge			
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	Tanner & Friends					Chelsea			
KDDS· 99.3	◂La Gran D music								
KISW 99.9	◂The Weekend Rock								
KKWF 100.7	◂100.7 The Wolf music			Audacy Top 20 Country Countdown with Rob & Ho...		100.7 The Wolf music			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Dr. John Cooper	The Money Professor	John Clay Wolfe			Dr. John Cooper	Clint August	
KZTM· 102.9	◂La Zeta music								
KHTP 103.7	◂100% Throwbacks								Tiffany Warner
KBKS 106.1	◂Kayla	Hits 106.1 music		Mike Klein		Zann			
KRWM 106.9	◂Warm 106.9 music	Donna & Steve				Kim Monroe		Dianna Rose	
KNDD 107.7	◂107.7 The End music								
KIXI 880 AM	◂Stardust	TechTime Radio	KIXI music		Money Management	KIXI music			Intelligence for Your Health w...

SATURDAY NOV 14

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	◂Grooveyard	New Music Review	Jazz Caliente		All Blues with John Kessler			Nu Blues with John Kessler		
KNHC 89.5	◂Midday Weekends							The Vortex		
KUPS 90.1	Antonym	Left Of The Dial: Alternativ...	Doll Parts	Listening Between the Li...	Catch the Wave!	Side of Fries	Women w/ Guitars	KUPS automation	MFE!	Kestrel Radio
KEXP 90.3	◂Variety Mix				Audioasis			Sonic Reducer		
KSER 90.7	◂Saturday Soul	Barroom Jukebox		Back In The Shack		The Vault		Blues Odyssey		
KVTI 90.9	This American Life	Freakonomics	Weekend ATC	On The Media	With Good Reason	Audacious with Chion Wolf	Ye Gods with Scott Carter	Science Friday Encore		BBC World Service
KBCS 91.3	Balkana		¡Sabor!			Mostly Acoustic		Chairman Moe		Hip Hop Knuckles
KUOW 94.9	Wild with Chris Morgan	Throughline	Freakonomics Radio	Weekend ATC	Wait Wait... Don't Tell ...	Tiny Desk Radio	Best of KUOW	BBC Arts Hour	L.A. Theatre Works	
KODX 96.9	Radio Ecoshock	On the Ground	Behind the News	Voices of the Middle East ...	Pirate TV	It's Going Down	Project Censored	Nuclear Hotseat	Best of Attitude	For the Wild
KING 98.1	◂Middays with Sean MacLean		The Score	Evenings with David Wall		From the Top	Second Inversion		Pacific Notions (KEXP simulcast)	
KMGP 101.1	SPACE Mix (automated music)		Juke In The Back	SPACE Mix (automated music)		The Jet Set		Pop Rocks Radio	SPACE Mix	The Trench
KXSU 102.1	◂General programming (automated music)				KXSU Local Hour	General programming (automated music)				
KHUH 104.9	Surrender Your Ego		Enter The Mirror	Urban Mutant			Drowning in Oxytocin		Hollow Earth Radio music mix	
KVRU· 105.7	◂KVRU music mix									
KBFG 107.3	◂JJ's Radio Show	Trade Winds	45 RPM – Music of the 40s...	Flower Power Variety Hour	Backyard Deep Dive	Back Pages	Many Moods of Ben Vaughn	Local Music: Nights	Different Channels	Electronic/Dance Music
NEWS & TALK										
KIRO 97.3	Inside Out with Tami Mich...	Purity Products	Hot Stove Society		Eye on Travel with Peter Greenberg			Gee Scott & Ursula Reutin	Coast to Coast AM	
KNWN 97.7	Elevated Financial	Start Here News Magazine	NW Rewind & Connect	America's Weekend News	Gamez Financial Live	Start Here News Magazine	NW Rewind & Connect	America's Weekend News	Start Here News Magazine	NW Rewind & Connect
KVI 570 AM	Purity Pro... / Legacy & F...	Growing Your Wealth	The Best of Markley, van Camp & Robbins		Art Bell 'Somewhere in Time'				U.S. Phenomenon with Ma...	Best of Markley, van Camp ...
KTTH 770 AM	Jason Rantz	Best of Jason Rantz			Fox News Rundown	Law Enforcement Today		Armstrong & Getty		Ark Midnight with John B. ...
KPTR 1090 AM	◂Sean Hannity	The Clay Travis and Buck Sexton Show			The Glenn Beck Program			The Weekend with Michael Brown		
KKOL 1300 AM	User Friendly 2.0	Grillin' at the Green	Around the House		Hollywood 360					
SPORTS										
KJR 93.3	◂FOX Sports Radio Weekends									
KIRO 710 AM	◂Seattle Sports Programming					SportsCenter (ESPN Radio)				
KJR 950 AM	◂Westwood One Sports Weekend PM Drive		Westwood One Sports Weekend Evenings				Westwood One Sports Weekend Tonight			
MUSIC										
KQMV 92.5	◂Lizette Love				Mason Kelter					MOViN 92.5 music
KSWD 94.1	◂Mason			Emma 94.1 music						
KJEB 95.7	◂Sarge	Hannah Kress				The 80s Show with Jeff Stevens				
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Chelsea	Cooper				B-Dub Radio				
KDDS· 99.3	◂La Gran D music									
KISW 99.9	◂The Weekend Rock								Metal Shop	
KKWF 100.7	◂100.7 The Wolf music					Coop's Rockin' Country Saturday Night!				
KPLZ· 101.5	◂Hank FM music									
KZOK 102.5	◂Clint August				Battle					
KZTM· 102.9	◂La Zeta music									
KHTP 103.7	◂Tiffany Warner			100% Throwbacks						
KBKS 106.1	◂Zann	Frankie V				On The Move with Enrique Santos		Most Requested Live with Romeo		
KRWM 106.9	◂Dianna Rose				Warm 106.9 music					
KNDD 107.7	◂107.7 The End music									
KIXI 880 AM	◂Intelligence for Your Health with Connie Sellecca		KIXI music	Saturday Night Sound Waves		KIXI music		Jim French...		Radio Trivia

SUNDAY NOV 15

Morning & midday · 5 AM – 2 PM

Times Pacific · ◂ = show began earlier

	5 AM	6 AM	7 AM	8 AM	9 AM	10 AM	11 AM	NOON	1 PM
PUBLIC & COMMUNITY									
KNKX 88.5	Weekend Edition Sunday					Wait Wait... Don't Tell Me!	Jazz Sunday Side Up		
KNHC 89.5	◂Overnights	Cafe' Chill				Midday Weekends			
KUPS 90.1	◂KUPS automation (music mix)						GROUTSOUND		FRAN FM
KEXP 90.3	◂Variety Mix	Pacific Notions			The Roadhouse			Variety Mix	
KSER 90.7	New Dimensions	Bioneers / Between th...	Alternative Radio	Travel with Rick Stev...	Nordic Roots & Branches		Passport		American Music Traditions
KVTI 90.9	The Arts Hour	Weekend Edition Sunday			The Pulse	Unreserved	New Yorker Radio Hour	A Way with Words	Go Fact Yourself
KBCS 91.3	◂KBCS Jukebox	Walkin' the Floor			Sunday Folks			Bluegrass Ramble	
KUOW 94.9	Weekend Edition Sunday					Code Switch & Life Kit	Wait Wait... Don't Tell Me!	It's Been a Minute	The Moth Radio Hour
KODX 96.9	Shortwave R... / Bioneers	Economic U... / Between th...	Alternative Radio	TUC Radio / Making Con...	Eat the Airwaves!	Counterspin / Laura Flanders	Talk Nation ... / Sprouts	Keeping Democracy Alive	Building Bri... / Latin Waves
KING 98.1	Mornings with Lisa Bergman				Sunday Baroque		Middays with Peter Newman		
KMGP 101.1	◂SPACE Mix (automated music)						American Routes		Seattle Sound Check
KXSU 102.1	◂General programming (automated music)								KXSU Local Hour
KHUH 104.9	◂Hollow Earth Radio music mix				Hug the DJ	Hollow Earth Radio music mix		Thad Wenatchee and His Rad Comrades	
KVRU· 105.7	◂KVRU music mix								
KBFG 107.3	◂Local Music: Nights	Local Music: Mornings		Law and Disorder	Old Time Radio	Space Travel Advisory	You Heard It Here	Radio Localized	Local with Carly
NEWS & TALK									
KIRO 97.3	Jake & Spike	Music & The Spoken W...	Hot Stove Society		Eye on Travel with Peter Greenberg			The John Curley Show	Gee Scott & Ursula Reutin
KNWN 97.7	◂Bloomberg Radio News & Po...	America's Weekend News & T...	Striking Gold	Aging Options	Street Talk with Chris Davies		Elevated Financial	Striking Gold	This Week with George Step...
KVI 570 AM	◂Purity Products	Best of Leading Edge Medicine	Puget Soun... / Purity Produ...	The Rob Carson Show	The Gold Show	Safer Retirement Ra...	Purity Products	Striking Gold	Best of Leading Edge Medicine
KTTH 770 AM	Frontlines of Freedom	Best of Jason Rantz		The Josh Hammer Show	The Gold Show	Best of Jason Rantz	Striking Gold	The Money Professor	Best of Jason Rantz
KPTR 1090 AM	◂Bill Handel	At Home with Gary Sullivan		The Jesus Christ Show		FLOT Line / Jesus Christ	The Weekend Dive	Rich On Tech	
KKOL 1300 AM	◂Best of Hugh Hewitt	Best of Mike Gallagher	Sound of th... / That Kevin	This Week on Capitol Hill	Knowing Christ with Dr. Phil F...	The Gold Show	Striking Gold	The Carrie Abbott Show	Focus on Nutrition
SPORTS									
KJR 93.3	◂FOX Sports Radio Weekends								
KIRO 710 AM	◂SportsCenter (ESPN Radio)								
KJR 950 AM	◂Westwood One Sports Weekend Mornings			BetMGM sports betting programming					Westwood One PM
MUSIC									
KQMV 92.5	◂MOViN 92.5 music							Lizette Love	
KSWD 94.1	◂Emma 94.1 music								
KJEB 95.7	◂Kristina / 95.7 The Jet ...		Striking Gold	Casey Kasem's American Top 40 - The '80s				Hannah Kress	
KJAQ 96.5	◂JACK FM music (no DJs)								
KPNW 98.9	◂98.9 The Bull music		CT40 with Fitz				Jesse Tack		
KDDS· 99.3	◂La Gran D music								
KISW 99.9	◂The Weekend Rock								
KKWF 100.7	◂100.7 The Wolf music	Conversations	100.7 The Wolf music	90's Country with Heather		100.7 The Wolf music			
KPLZ· 101.5	◂Hank FM music								
KZOK 102.5	◂Stacy	Seattle iHe... / Dr. John Coo...	Striking Gold	Dr. John Cooper				Clint August	
KZTM· 102.9	◂La Zeta music								
KHTP 103.7	◂100% Throwbacks							Classic Hip Hop Sundays	
KBKS 106.1	◂Kayla	Hits 106.1 music	American Top 40 with Ryan Seacrest				Zann		
KRWM 106.9	◂Warm 106.9 music					Kim Monroe		Dianna Rose	
KNDD 107.7	◂107.7 The End music								
KIXI 880 AM	◂Stardust	Sunday Mor... / Inspirational...	TechTime Radio	Original Loretta Brown	KIXI music	Your Life Yo...	Voices of Experience	KIXI music	

SUNDAY NOV 15

Afternoon & evening · 2 PM – midnight

Times Pacific · ◂ = show began earlier

	2 PM	3 PM	4 PM	5 PM	6 PM	7 PM	8 PM	9 PM	10 PM	11 PM
PUBLIC & COMMUNITY										
KNKX 88.5	Jazz Northwest	Tree of Jazz			All Blues with John Kessler			Nu Blues with John Kessler		
KNHC 89.5	◂Midday Weekends				Carnaval Mix		Color Theory		On the Edge	
KUPS 90.1	Where There is No Depress…	Apple to Zauner: The A to …	This is a Joke	The Sunday Scaries	Artists Only	RAW POWER	KUPS automation	When The Puget Was Sound	Taoist Yoga	Violet Femmes
KEXP 90.3	◂Variety Mix				Sunday Soul			Expansions		
KSER 90.7	◂American Music Traditions	DaCoconut Wireless / Caribbean Sounds / Hawaiian Style		Floating World		Reggae Yard		Dead Electric		The Tide Pool
KVTI 90.9	Latino USA	Alt.Lati…	All Songs…	Weekend ATC	Tiny Desk Radio	NWPB Presents: Press A to …	Wait Wait… Don't Tell …	Kelly Corrigan Wonders	Embodied	Unexpected Elements	BBC World Service
KBCS 91.3	◂Bluegrass Ramble	Sunday's Hornpipe			The Real Folk		Backtracks		Flotation Device	
KUOW 94.9	Snap Judgment	Radiolab	Best of KUOW	Weekend ATC	On the Media	Wait Wait… Don't Tell …	Latino USA	Sound Opinions	BBC World News	
KODX 96.9	Writer's Voice	La Raza Chronicles	Africa Today	KBOO Lab…	This Way O…	On Contact	Prison Pip…	Black Agenda Report	APEX Express	Locus Focus	Radio Survivor	First Voices Radio
KING 98.1	◂Middays with Peter Newman		The Score	Evenings with David Wall				Compline	The Organ Loft	Evenings with David Wall
KMGP 101.1	UNSLUMP!	SPACE Mix	Plunge	Angular Sound	Sonic Test Flight	History as Music/Musicas…	Cascade of History	Jay's Radio Hour	Broken Alaska	SPACE Mix
KXSU 102.1	General programming (automated music)					Weekly Jazz Fix			General programming (automated music)	
KHUH 104.9	Autonomous Warren	Hollow Earth Radio music mix		Spools of Film (alternate weeks)		Music for Space Elevators		Hollow Earth mix	Afradio	
KVRU· 105.7	◂KVRU music mix									
KBFG 107.3	Rockin' Pneumonia	Round the World	60s Garage Rock	Wild Rumpus Radio	Tristan's Monkey Hour	Retro Cocktail Hour		African Airwaves	JJ's Radio Show	
NEWS & TALK										
KIRO 97.3	Jake & Spike	John Curley	Hot Stove Society		Eye on Travel with Peter Greenberg			Gee Scott & Ursula Reutin	Coast to Coast AM	
KNWN 97.7	Meet the Press	Northwes…	America's…	Aging Options	NW Rewind & Connect	Start Here News Magazine	Northwest Politicast & Am…	America This Week	NW Rewind & Connect	Meet the Press	America's Weekend News
KVI 570 AM	Growing Your Wealth	Best of the Rob Carson	The Brian Kilmeade Show Encore			Live on Sunday Night with Bill Cunningham			Red Eye Radio	
KTTH 770 AM	◂Best of Jason Rantz	The Bret Baier Show	Frontlines of Freedom	Jason in the House	The Scott Jennings Show		Best of Jason Rantz	Frontlines of Freedom		Best of Jason Rantz
KPTR 1090 AM	◂Rich On Tech	Verdict with Ted Cruz	The Ben Ferguson Show			Bill Handel			Talk programming	Armstrong & Getty
KKOL 1300 AM	Steve Brown Etc.	Striking Gold	This Week on Capitol Hill	Armed American Radio		The Gold Show	BBQ Nation with Jeff Tracy	Sound of t…	Best of Mike Gallagher	
SPORTS										
KJR 93.3	◂FOX Sports Radio Weekends								Get In the …	FOX Sport…
KIRO 710 AM	◂SportsCenter (ESPN Radio)									
KJR 950 AM	◂Westwood One Sports Weekend PM Drive		Westwood One Sports Weekend Evenings				Westwood One Sports Weekend Tonight		Overnight sports programming	
MUSIC										
KQMV 92.5	◂Lizette Love				MOViN 92.5 music					
KSWD 94.1	◂Emma 94.1 music									
KJEB 95.7	◂Hannah Kress		Dr. John Cooper				Delana			iHeart Sun…
KJAQ 96.5	◂JACK FM music (no DJs)									
KPNW 98.9	◂Jesse Tack	Kim Monroe				98.9 The Bull music				
KDDS· 99.3	◂La Gran D music									
KISW 99.9	◂The Weekend Rock						Loud & Local		The Weekend Rock	
KKWF 100.7	◂100.7 The Wolf music				Cascade Country with Aaron Crawford		Josh "Bru" Brubaker Country Sunday Nights			
KPLZ· 101.5	◂Hank FM music									
KZOK 102.5	◂Clint August				Battle					
KZTM· 102.9	◂La Zeta music									
KHTP 103.7	◂Classic Hip Hop Sundays				100% Throwbacks			Sunday Night Slow Jams		
KBKS 106.1	◂Zann		Kelsey J				iHeartRadio Countdown		KPOP with JoJo	
KRWM 106.9	◂Dianna Rose				Warm 106.9 music					
KNDD 107.7	◂107.7 The End music					Locals Only on The End		107.7 The End music		
KIXI 880 AM	◂KIXI music				Seems Like Old Times		When Radio Was		Crime Club	Time To Smile